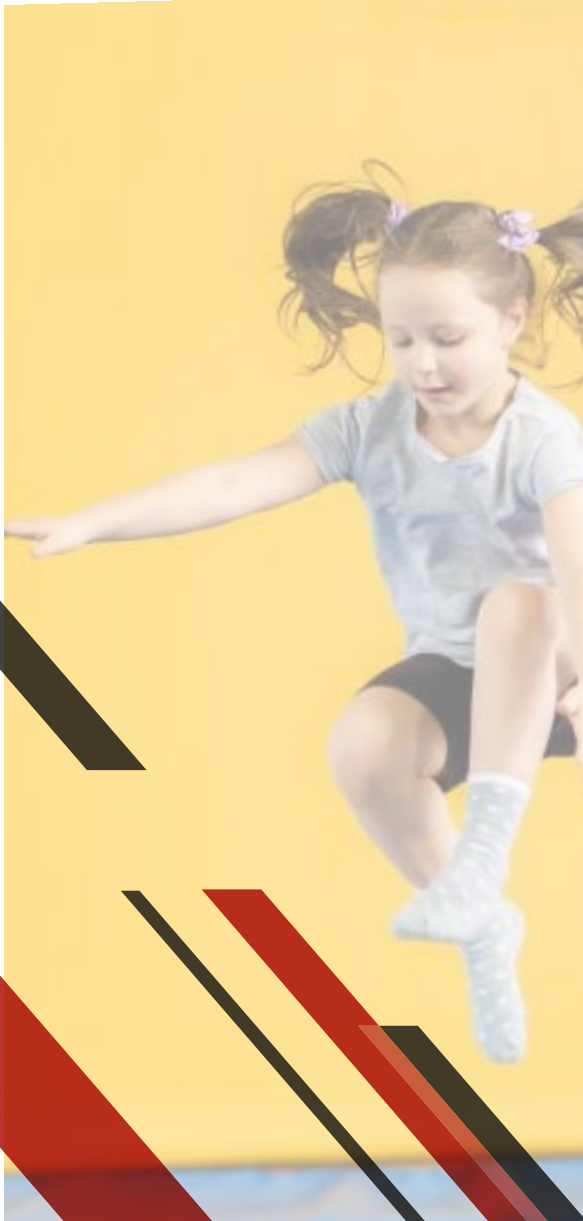


TRAMPOLINING



CORE SKILLS

Trampolining offers an engaging way to improve students' physical fitness and wellbeing. Adhering to stringent safety protocols, we can create a safe environment where learning and fun are maximised.

Beyond the physical benefits, trampolining also teaches valuable life skills, such as discipline, perseverance, goal-setting, and time management. These skills extend far beyond the trampoline and can positively impact student's wellbeing, performance and future success.

LEARNING OUTCOMES

- Improving coordination
- Improving balance
- Developing social skills
- Encouraging teamwork
- Improving flexibility
- Developing gross motor skills

Outreach Alternative Provision



All outreach referrals to be made via the Foundry College website:

www.foundry.wokingham.sch.uk