**Secondary Transition Group**

**Week 4**

1. Starter – ‘If I had a magic lamp…’ – go round the group and ask what each child’s 3 wishes would be.
2. Activity – brainstorm ways of looking after ourselves – Adult to note down ideas.

* Look through ‘Looking after yourself’ info sheet – add any additional ideas to adults’ notes.

1. Activity – ‘Asking for help’ – read through and answer situations at the bottom.
2. Activity – ‘Settling into secondary school’ – read through and discuss the situations as a group.
3. Activity – ‘I statements’ – Ask the children to pick one of the statements from the list and share with the group how they can achieve it.
4. Closing activity – ask the group to say 2 things they are looking forward to at secondary school.
5. Give out their packs and further information sheets to take home.