**Secondary Transition Group**

**Week 2**

1. Starter – ‘Fact or Fiction’ – think of 2 interesting facts about yourself, and 1 fiction – the rest of the group have to guess which is the fiction.
2. Information sheet ‘A big change?’ – read through and discuss.
3. Activity – ‘Coping with change’ – work through and discuss.
4. Activity – ‘When I visit my secondary school’ – brainstorm things they would like to find out, and how they may be able to do this e.g. look on the school website, ask friends / other family members who go to that school currently etc.
5. Activity – Posters – Top tips to help someone deal with change (use info sheet from no. 2)
6. Closing activity – ‘What do the pupils at secondary school say?’ – read through and complete.
7. Homework – ‘After visiting your new school’ – complete following transition visits and bring to next session. – THIS MAY NOT BE POSSIBLE DUE TO RESTRICTED TRANSITION VISITS DURING COVID-19.