**Secondary Transition Group**

**Week One**

1. Starter - Getting to know you activity – alliteration name game (Adventurous Amy)
* Fun fact about themselves
* ‘Getting to know you’ sheet
1. Activity – ‘Going to secondary school – how do I feel?’ (sheet 24)
* Name in middle of A4 paper – add words around name with how they are feeling – positives and negatives.
1. Activity – ‘Going to secondary school how do you feel?’
* Give each statement a number from 1 – 5 from the key.
1. Feedback from activity as a group
* Activity – ‘A solution focused approach’ – Complete using one of the ‘worry’ areas from the previous activity – share answers with the group
1. Feelings poster – ‘Secondary school’ written in the middle of A4 paper – take it in turns to write a feeling around the outside.
2. Closing activity – alliteration name game – each person to come up with a name for the person sat next to them.